

SUPPORTING HANDS NURSE-FAMILY PARTNERSHIP QUARTERLY NEWSLETTER

Supporting Hands



5 YEARS OF SERVICE

Amanda Jensen

Nurse Home Visitor

Douglas, Grant & Pope

2024 SHNFP STAFF RETREAT HIGHLIGHTS



GAELIN ELMORE - BELONGING WORKSHOP



SHNFP hosted Gaelin Elmore for their staff retreat, inviting other surrounding public health office staff to attend as well. The attendees heard a powerful message on the importance of connectedness and belonging. Gaelin works with organizations and people to become belonging-informed in order to help children overcome trauma and unleash their potential.

Belonging is an innate and fundamental need that we all have. Whether we realize it or not, it influences many of our decisions daily. Research and experts have shown the exponential impact of genuine and authentic experiences of belonging and how it can increase motivation, problem-solving, emotional, mental, and physical health, and even resiliency. Family, school, and community are widely discussed as the top three ways for youth to develop, experience, and feel belonging.

COME GROW WITH US!

SHNFP is hiring a 32 hour/week nurse home visitor position in the Renville & Redwood service area.

If you know of any wonderful, caring nurses, please send them our way!

Direct them to our website www.shnfp.org, where you will find the full job description & application under the "employment" tab.

- Flexible Scheduling**
- Regular Work Week Hours**
- Paid Holidays Off**
- PERA Pension**
- Single Paid Health Insurance**
- Pretax \$ Contribution from Employer**
- Training & Continuing Education**



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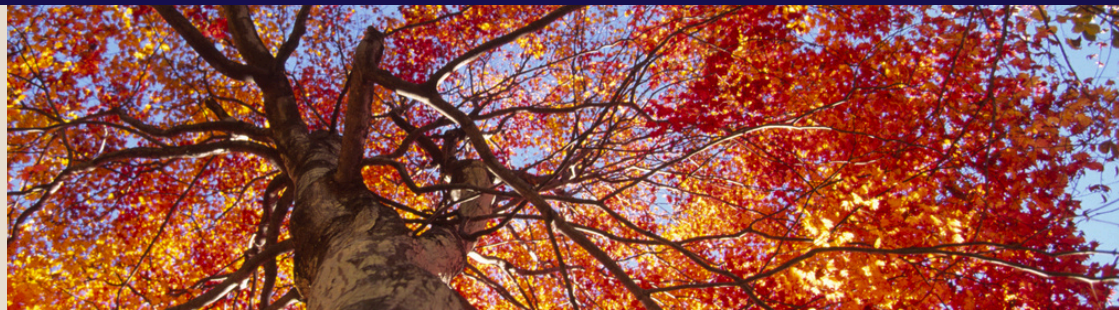
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FROM THE FIELD - SHNFP CLIENT FEEDBACK

SHNFP held 5 Park Meet-Up events this summer for clients to engage in social connection, education and activities with other SHNFP clients. Attendees provided feedback on the SHNFP program and their experiences. Here are a few quotes provided from attendees:

"We haven't had a doctor, or a nurse impact our lives like our nurse. We needed her and didn't even know it."

"SHNFP has been very helpful throughout my pregnancy and motherhood journey! As a first-time mom I had lots of questions and concerns, and my nurse helped ease my mind about everything and answered all my questions!"

PREGNANCY & INFANT LOSS AWARENESS MONTH

October is pregnancy, infant and child loss awareness month. In the United States, 1 out of every 4 pregnancies ends in miscarriage and 1 of every 160 pregnancies end in stillbirth. These numbers do not include infant death from preterm labor, diagnosis of life-limiting conditions, or SIDS. These are more than just numbers; these are babies that will forever have footprints on our hearts.



For more information or to make a referral to SHNFP, contact:

320-287-2585 or
complete the

[Online Referral Form](#)

WWW.SHNFP.ORG

SERVING FIRST-TIME PARENTS IN BIG STONE, CHIPPEWA, DOUGLAS, GRANT, KANDIYOHI, LAC QUI PARLE, LINCOLN, LYON, MCLEOD, MEEKER, MURRAY, PIPESTONE, POPE, REDWOOD, RENVILLE, ROCK, SIBLEY, STEVENS, SWIFT, TRAVERSE AND YELLOW MEDICINE COUNTIES