

SUPPORTING HANDS NURSE-FAMILY PARTNERSHIP QUARTERLY NEWSLETTER

Supporting Hands



WELCOME KAREN!

Karen Eder

Nurse Home Visitor

Sibley & McLeod Counties

320.522.4439

karen.eder@shnfp.org

WELCOME TO THE TEAM

We are excited to share our new team member, Karen Eder, who joined our team as a Nurse Home Visitor in Sibley & McLeod counties on February 26th. Karen is housed in Gaylord, MN at the Sibley Public Health office. Karen joins our team with 15 years of Nurse Home Visitor experience in Family Home Visiting and years of experience leading a breast-feeding Baby Cafe. She has a passion for breastfeeding and serving families in the setting of trauma-informed care, as well as evidence-based home visiting. **Welcome Karen!**

CONGRATULATIONS & BEST WISHES



Our team extends gratitude and best wishes to Karen Mitteness, Nurse Home Visitor in Big Stone, Chippewa, Lac Qui Parle, Swift, Yellow Medicine counties, as she celebrates retirement on March 13th! Karen has served 12 years with our organization and will leave a lasting impression on the families and individuals she's served! **We will miss you, Karen!**

COME GROW WITH US

SHNFP is hiring one nurse home visitor position in the Lincoln, Lyon and Yellow Medicine county service area.

If you know of any wonderful, caring nurses, please send them our way!

Direct them to our website www.shnfp.org, where you will find the full job description & application under the "employment" tab.



5 YEARS OF SERVICE

Dixie Johnon

Nurse Home Visitor

Meeker & Kandiyohi Counties



- Flexible Scheduling**
- Regular Work Week Hours**
- Paid Holidays Off**
- PERA Pension**
- Single Paid Health Insurance**
- Pretax \$ Contribution from Employer**
- Training & Continuing Education**

WWW.SHNFP.ORG

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CONNECT WITH US

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NURSE HOME VISITORS

- **KAREN MITTENESS** - BIG STONE, CHIPPEWA, LAC QUI PARLE, SWIFT, YELLOW MEDICINE; 507-430-2065;
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DIAPERS, DIAPERS, DIAPERS!

Our organization is excited to share that we were selected as one of the 2024-2025 partners with the Diaper Bank of Minnesota!

SHNFP will work closely with the Diaper Bank of MN throughout 2024 and 2025 to distribute diapers to SHNFP families in our 21-county service area. More information about the Diaper Bank of MN can be found at the following link: <https://www.diaperbankmn.org/>



MARCH IS NATIONAL READING MONTH



Reading together when babies are as young as 4 months old increases the chance that parents continue reading to babies as they grow. Beginning early is important because the roots of language are developing in a baby's brain - even before the baby can talk! The more words a baby hears over time, the more words the child will learn. Learn more about reading and tips for different ages and stages at **Zero to Three.**

National Reading Month is an important opportunity to encourage reading every day. Celebrate throughout the month by reading yourself or reading with loved ones.

For more information or to make a referral, contact: 320-287-2585 or complete the **Online Referral Form**



WWW.SHNFP.ORG

SERVING FIRST-TIME PARENTS IN BIG STONE, CHIPPEWA, DOUGLAS, GRANT, KANDIYOHI, LAC QUI PARLE, LINCOLN, LYON, MCLEOD, MEEKER, MURRAY, PIPESTONE, POPE, REDWOOD, RENVILLE, ROCK, SIBLEY, STEVENS, SWIFT, TRAVERSE AND YELLOW MEDICINE COUNTIES